# FN 101 Introduction to the Professions of Dietetics and Nutrition Fall 2011

Introduction to the fields of nutrition, dietetics and food service administration. Topics focus on the educational requirements and the role of the dietitian in various settings. (1 credit – pass/fail)

**Class Time:** Lecture 8:00-8:50 MW CPS 116 9/7/2011-10/26/2011

**Instructor:** Deborah Tang, MS, RD, CD

Office: CPS 238A

**Phone:** 715-346-2749

**Office Hours:** Tuesdays 12:00 – 2:00 PM; other times can be arranged by appointment. Please make

arrangements with the instructor in person or via email for availability.

#### **Rental Text:**

Payne-Palacio, J.R., Canter, D.D., *The Profession of Dietetics, A Team Approach*, Jones and Bartlet Learning, LLC., 4<sup>th</sup> ED., 2011.

## **Objectives:**

At the end of this course the student will be able to:

- Describe the profession of dietetics and nutrition.
- Identify the American Dietetic Association Standards of Professional Practice for dietetics professionals and Code of Ethics for the profession of dietetics.
- Explain the pathway to becoming a Registered Dietitian.
- Begin developing a professional electronic portfolio.
- Develop an academic plan and extra-curricular plan to obtain a post-graduate career goal.
- Recognize how globalization will impact dietetics and require language skills and knowledge of cultural differences.

# CADE: Foundation Knowledge and Skills for the Didactic Program

Students will have knowledge of:

- the governance of dietetics practice
- the Standards of Professional Practice and Code of Ethics
- the roles of others with whom the Registered Dietitian collaborates in the delivery of food and nutrition services

## **Assignments:**

It is expected that assignments be submitted on time during class time.

Late assignments will have the grade lowered by 10% for EACH DAY it is late. Written work must be word-processed or legibly written in INK and in complete sentences with proper punctuation and grammar or it will not be accepted.

#### Desire To Learn (D2L):

This class uses Desire2Learn (D2L), UWSP's Online Learning Management System. Your course syllabus, assignment worksheets, course materials, and grades will be found here. You can log into D2L at, <a href="http://uwsp.courses.wisconsin.edu/">http://uwsp.courses.wisconsin.edu/</a>, with your UWSP login. D2L can also be found on your MyPoint portal on the Academics tab.

## **Guest Speakers:**

Throughout the semester, professionals in the fields of nutrition and dietetics are invited to visit and share their experience and expertise with our class. To encourage students to attend and learn from these invaluable sessions, points will be awarded for attendance. Please come prepared with questions for the guest speakers. A list of sample questions will be posted on D2L for your reference.

#### **Use of Electronic Devices:**

As a courtesy to the instructor, guest speakers, and other students, the use of cell phones for calls or texting is not permitted during class. In the event that you have an emergency and need to take a call, please turn your phone to vibrate and leave the classroom to answer the call.

#### **Class Points:**

New Student Survey 10% (Completed on-line by October 5<sup>th</sup>)

http://survey.uwsp.edu/TakeSurvey.aspx?SurveyID=84KH685M

ADA Website assignment 10% (Due September 19<sup>th</sup>)

Self-reflection assignment 20% (Due October 10<sup>th</sup>)

Electronic portfolio assignment 20% (Send invite to instructor by Oct 17<sup>th</sup>)

Resume workshop\* 10% (Submit signed notes by Oct 19<sup>th</sup>)

Guest speakers attendance 30%

## **Resume Workshops:**

\*You must attend one of the following resume workshops presented by Career Services. The following dates have been set for the workshops. You only need to choose **ONE** workshop to attend. All sessions are in Room 122, Trainer Natural Resources Building (TNR).

 $\begin{array}{lll} \underline{\text{Dates}} & \underline{\text{Time}} \\ \\ \text{Monday, September 19}^{\text{th}} & 7:00\text{-}9:00 \text{ PM} \\ \\ \text{Thursday, September 22}^{\text{nd}} & 3:00\text{-}5:00 \text{ PM} \\ \\ \text{Monday, October 3}^{\text{rd}} & 7:00\text{-}9:00 \text{ PM} \\ \\ \text{Tuesday, October 4}^{\text{th}} & 7:00\text{-}9:00 \text{ PM} \\ \\ \text{Wednesday, October 12}^{\text{th}} & 7:00\text{-}9:00 \text{ PM} \\ \end{array}$ 

As proof of your attendance, take notes during the session and ask the presenter, Mike Pagel, to autograph your notes at the end of the session. You can submit your notes at any time up to the due date of October 19<sup>th</sup>. Notes will be returned to you during the last class.

This class is pass/fail. A student must accumulate 70% to pass.

	One Free Pass - No Qu	estions Asked!
•	entitles a student to one late assignment sub ). This pass can only be used once in FN 101.	mission, up to one week late (until
Student	:	
Date su Assignm		Original Due Date:
	Please submit this coupon with your as	signment. If the assignment is
	submitted electronically, submit the	

## Tentative Schedule for FN 101 - Fall 2011

Week	Date	Topic	Text Chapter
1	9/7	Introduction Introduce new student survey assignment	1, 2
2	9/12	The American Dietetic Association (ADA)  www.eatright.org  Develop questions for guest speakers (These will be posted on D2L for your reference)  Introduce ADA website assignment	8
	9/14	Career Services Guest Speaker <a href="http://www.uwsp.edu/career/">http://www.uwsp.edu/career/</a>	D2L postings
3	9/19	Education, internship, RD exam Commission on Dietetic Registration (CDR) ADA website assignment due	5, 6
	9/21	Electronic portfolio Introduce electronic portfolio assignment	4, D2L
4	9/26	ADA self reflection and assessment plan Professional development, continuing education Introduce self-reflection assignment	7 D2L postings
	9/28	Electronic portfolio Q&A - Computer lab (CPS 107) drop in	
5	10/3	Guest speaker	
	10/5	Guest speaker New student survey completed on-line by today	
6	10/10	Future of nutrition and dietetics Self-reflection assignment due	9
	10/12	Guest speaker	
7	10/17	Guest Speaker Electronic portfolio assignment due (Invite sent to instructor by 8 am today)	
	10/19	ADA Practice Groups Code of Ethics Signed notes from resume workshop due	Ch 8, pp.176-178 Ch 7, pp. 157-162
8	10/24	Guest Speaker	
	10/26	Professionalismhere and now Wrap up	10